

Amazon Tours: - Iquitos and the Three Rivers

(Iquitos los tres rios)

Our first and one of our **most popular Amazon tours** is based around the Amazon riverside town of Iquitos. The hotel is in the heart of the town and gives quick and easy access to some of the best river and rainforest wilderness sites in the high Amazon.

The **stunning Nanay River** winds its way through endless forest with beautiful white sandy beaches and tea-coloured waters, home to numerous fish and other animals.

The Momon River flows into the Nanay only 10 minutes by boat from Iquitos / Bella Vista.

The main Amazon river is an **awesome sight** and there is no better place to appreciate it's power, beauty and strange tranquillity than Heliconia Lodge, situated right on its banks.



At Heliconia lodge you have two days full of activities. Walk with us through the deep forest to the river. Watching and if you choose, swimming with **pink and grey river dolphins**. Time for some fishing and the opportunity to join us on fascinating night safaris. See nocturnal animals and listen to the sounds of the forest at night. Enjoy truly beautiful sunsets plus the unforgettable stillness and tranquillity of the sunrises.

The tour includes plenty of opportunity for relaxation and, sightseeing. Every night there is something going on in Iquitos centre.

Make the most of the opportunity to try **a taste of the Latin culture**. Try the Pisco sour! Dance the Cumbia! Or just chat over a cerveza or two.

Day 1 Outbound for Peru

Flight from the UK to Bonaire and onwards to Lima

Bonaire is one of the Dutch Antilles Island groups in the Caribbean. Other nearby islands of the same group are Curacao and Aruba (of which Aruba is very good for Scuba diving).

Aruba is a very popular holiday destination. Stopovers of up to 10 days are allowed by the airline at no extra charge. You can take advantage of this on either the outward or return journey.

If you require we can **arrange accommodation** and transfers at **very attractive rates** or if you wish you can arrange your own accommodation.

Check into a hotel in Lima.

Take time to collect your thoughts and enjoy a quiet drink by the pool.

Day 2 Journey to Iquitos

Breakfast.

Transfer to Airport.

Flight from Lima to Iquitos.

Check into a hotel in Iquitos.

*** Lunch * in Iquitos.**

Take time to collect your thoughts and enjoy a quiet drink by the pool then spend the afternoon getting to know Iquitos.

A first chance to gain experience of travel by motokar. Then perhaps take a stroll up to the Central Square.

Here you will find the famous Casa de Fiero (Iron House) bought to Iquitos from Paris.



Take a long cool drink at Fitzcaraldos Bar looking out over the river and walk along the Boulevard, which has tremendous views of the river and the rain forest beyond.

*** Dinner * at a restaurant serving typical local fare.**

Day 3 Momon River

Breakfast in the hotel.

We take a boat from Bella Vista, where the rich brown tea water of the Nanay River meets the main Amazon, bound for the Momon River where we will visit a Bora Indian community.

Then **accompanied by local Bora guides** we go by motor canoe up the Momon River to see the wildlife of the river.

Lunch on board boat.

In the afternoon we visit the famous butterfly farm at Pilpintuwasi on the banks of the Nanay River.

Day 4 Belen and Quistococha

AM - See the sights and sounds of Belen do Iquitos the famous river port.



Visit a riverside fisherman and fish dealers.

Visit the lagoon at Quistococha.

* Lunch * at Quistococha.

Spend the afternoon walking, canoeing round the forest boundary of the lagoon, fishing or relaxing on the white sandy beach.

* Dinner * in Iquitos.

Day 5 Nanay River

Breakfast.

Early start.

Journey up the Nanay River on a traditional long riverboat. Visit the Cochass and Lagoas along the Nanay River one of the **most beautiful rivers** in South America.

View the Selva at close quarters and meet with the people who work the river and forest along the banks. See them catching fish using traditional methods.



Lunch on board boat.

Frequent sightseeing stops at beaches and other places of interest.

Stop for: -

- Fishing
- Photos
- Swimming
- Snorkelling

Keep your eyes peeled to see: -

- Fish eagles
- Marmoset and other small monkeys.
- Turtles.
- Water birds including
- Egrets
- Giant Kingfishers
- Herons
- Toucans
- Flocks of parrots and parakeets

Day 6 Heliconia & The Amazon

Breakfast.

Journey upriver to Heliconia lodge on the main Amazon.

Lunch at Heliconia.

Light walk through the forest around the lodge in the company of local guides. Chance to see the huge forest giants and experience sounds and sights of the deep jungle.

Dinner at Heliconia.

Watch the Sunset over the river and rainforest from the treetop observation platform.

Overnight at Heliconia.

Day 7 Pink Dolphin Lagoon

6AM Daybreak safari by boat, drifting down the Amazon. Spotting animals on the riverbanks and trees from close quarters with the help of our eagle eyed local guides.

Breakfast at the Lodge.



Visit to a lagoon on the main Amazon that is the favourite haunt of **Pink River Dolphins**. You can swim if you wish or if not there are always simple cane fishing rods in the boat so why not try a spot of angling 'local style'

More serious anglers are also welcome to fish in this location.

Late lunch at Heliconia.

Return to Iquitos.

* Dinner * in Iquitos.

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Day 8 Longhouse Barbecue

Visit to an **Arapaima** (Local name 'Piriracu') farm to see the largest freshwater teleost (Bony fish) in the world.

Followed by a barbecue party with delicious local foods in a traditional Indian Style Long House on the edge of the rain forest.

Day 9 A Day In Iquitos

Breakfast.

Final day in Iquitos reserved for sightseeing, souvenir shopping etc.



* Lunch *. Group lunch to a simple cebicheria. Try CEBICHE a delicious local dish and speciality of Iquitos.

Day 10 Return To Lima

Breakfast.

Transfer to the airport.

* Dinner *.

Midday flight to Lima.

Afternoon for sightseeing in Lima.

Overnight stay in Lima.

Day 11 Sightseeing in Lima

Breakfast then sights, shops & bargain hunting in Lima.

* Lunch *

Transfer to airport.

Late afternoon / early evening. Return Flight Lima - Bonaire UK.

Why Choose Amazon Holidays?

Our unrivalled local knowledge helps you: -

- Eat at the best restaurants in town
- Stay in the best hotels in the area
- Travel around using the best transport methods
- Explore the most exciting tour routes
- Dance in the top entertainment venues
- Have plenty of time for genuine wildlife encounters.
- Gain a genuine insight into local cultures
- Help us in direct support of rainforest communities

We ensure you have one bilingual guide per 6 persons

Please Note - Meals marked with** are not included in the package price.

Package Price Only £1000

(Based on double occupancy) includes all transfers and hotel board and breakfast.

Single supplements are £25 per night.

Stopover accommodation and meals in Bonaire are not included. Bonaire Stopover - Please ask for details.

Join us for an Amazon Tour in Iquitos los tres Rios



Adventure Holidays Tailored To Suit You

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Getting You Closer To The Real Amazon