

## ITINERARY: ZACAMBU, ATALAYA AND THE MATIS

Travelling downstream from Tabatinga / Leticia we soon enter the famous and mysterious Yavari river . After a short stop at Benjamin Constant we continue on heading up the glorious Yavari valley to the small settlement of Zacambu at the entrance to the Zacambu Reserve. We hang our hammocks and make home in the simple lodge from where we will explore the reserve. After a day of exploring the rivers and creeks and getting to know the wildlife, we will be introduced to the Matis who over the subsequent three days give



us an insight into their fascinating tribal culture and way of life sharing some of their intimate knowledge of the rainforest.

After saying farewell to Zacambu and the Matis we move further up the valley to the small border town that is regarded as the frontier between the untamed wild countries of the upper Yavari valley and the more civilised lands downstream, ATALAYA. The following day returning to Leticia.

### Day 1 Arrival in South America

Arrive at El Dorado airport where our representative will meet you

Transfer to Hotel

\* Dinner \* in a local restaurant.

### Day 2 Flight to Leticia

Breakfast

Transfer to Airport

Flight to Leticia.

Transfer to hotel in Leticia

\* Lunch \* in Leticia

Informal meeting to welcome visitors to the amazon town of Leticia and discuss forthcoming activities and tours

Watch the sunset from 'La Fera' where bars and restaurants look out over the river and the rain forest beyond.

Dinner \* at a restaurant serving typical local fare.

### Day 3 Benjamin and the Yavari

Breakfast in the hotel.

Leave for Tabatinga 9.00 am.

Depart from Tabatinga 9.30 for Benjamin Constant.

Lunch in Benjamin Constant

Depart Benjamin for Zacambu. Occasional stops enroute for Dolphin watching, photo opportunities and other points of interest

Arrival at lodge at Zacambu, organise sleeping quarters (put up Hammocks )

Dinner at the lodge.

Nocturnal Caiman hunt by boat



### Day 4 Zacambu Reserve.

Breakfast Zacambu lodge.

Wildlife Safari by boat discovering the secrets of Zacambu park by boat with our eagle eyed indigenous guides.

Lunch on board boat



Chance to swim in the warm water lagoons of Zacambu.

Return to the Yavari river for fishing and a beach bar-b-q dinner.

Watch the sunset over the Yavari river.

## Day 5 Matis



Breakfast in the lodge

Intro to the Matis people followed by a jungle hunt demonstrating the use of poison darts.

Lunch .

Matis will show how they make jewellery, crafts and useful artefacts from plants and materials from the forest and river.

Return to Zacambu

Dinner at Zacambu.

## Day 6 Matis Marwin

Breakfast at Zacambu

Marwin ceremony with the Matis where they use the venom of poison frogs to induce visions and contact the spirit world.



Lunch

Fishing with Matis hunters.

After dark a walk in the forest to hear the incredible sounds of the jungle at night with Matis guide.

Dinner at Zacambu lodge.

## Day 7 Shaman and Ayahuasca.

Breakfast at Zacambu lodge.

Matis Shaman will give you an insight into the medicinal plants of the jungle and how he uses them. Showing examples of the plants and where they grow.

Lunch

Canoeing jungle style! Explore the river by dugout canoe with our Matis guiding the way.

Dinner in the Lodge.

Ayahuasca ceremony and farewell to the Matis.

## Day 8 ATALAYA the final frontier!

Breakfast in Zacambu

Embark on 'El Mотор' upstream on the Yavari. Stopping at beaches or for some of the many photo opportunities + wildlife encounters.

Arrive in Atalaya do Norte.

Lunch in Atalaya and check into our hotel.

Atalaya is a small frontier town, the last outpost of so called "civilisation" on the Yavari before entering the one of the last wild and untamed regions in the world. The upper Yavari valley (beyond Atalaya) is not open for tourism but from Atalaya, we are fortunate to get glimpse the merging of the modern world with ancient cultures, in real time, as it happens.

## Day 9 Islandia

See the morning fish market in Atalaya.

Breakfast in Atalaya.

Embark for the journey downstream to the Peruvian town of Islandia.

Short tour of Islandia.

Islandia is built on the shores of the yavari in a zone of inundation by the river and so the whole village is built on stilts high above the water. Raise wooden walkways used by pedestrians and motorcycles gives the place a unique atmosphere

Lunch in Islandia.

Embark for Leticia.

Transfer to Hotel in Leticia

Farewell dinner in Tabatinga.

## Day 10 Farewell Leticia

Breakfast in the hotel

Morning free for shopping

Transfer to the airport .

Flight to Bogota, El Dorado.

Transfer to your international flight.



# ESCORTED AMAZON TOURS 2007

## Why Choose Amazon Holidays?

Our unrivalled local knowledge helps you: -

- Find the best restaurants in town
- Stay in the best hotels in the area
- Travel around using the best, most reliable transport
- Explore the most exciting locations
- Enjoy the local culture at the hottest dance and entertainment spots.
- Have plenty of time for genuine wildlife encounters.
- Gain a genuine insight into local cultures
- **Help us** in direct support of rainforest communities

**We provide one bilingual guide (min) per 6 persons.**

Please Note: - Meals marked with \* \* are not included in the package price.

## Package Price £1350

(Based on double occupancy) including all internal flights and transfers, hotel board and breakfast.

Single supplements are £25 per night.



**Getting You Closer To The Real Amazon**

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